

## Newsletter Sample

# Communicate with staff why food waste is a problem

The following is an example of an insert you can use in a staff or resident newsletter about your site participating in the food waste reduction project and why reducing food waste matters

### **Together, Let's Reduce Food Waste!**

We're excited to announce that [INSERT NAME] will be taking part in a food waste reduction project over the next three months! We're aiming to cut our food waste by [INSERT FOOD WASTE REDUCTION TARGET] helping to make better use of our resources while also benefiting our residents and the environment.

Each year, a significant amount of perfectly edible food is discarded in aged care homes across New Zealand. This not only impacts our budget but also contributes to environmental issues such as greenhouse gas emissions and unnecessary resource use. By cutting food waste, we can:

- Ensure residents receive meals they enjoy and will finish.
- Reduce costs associated with food production and disposal.
- Support sustainability efforts and reduce our environmental footprint.

To take action, we will be implementing three key interventions: [INTERVENTION 1], [INTERVENTION 2], and [INTERVENTION 3]. [INSERT NAME] has been [nominated/appointed] to be our Food Waste Champion for this effort. They will play an active role in helping to support our collective efforts and keep us on track over the next few months.

Every leftover and uneaten meal represents time, effort, and resources. By reducing food waste, we can make the most of what we have and create a more sustainable home for everyone. Whether you work in the kitchen, dining areas, or beyond, you have a role to play in making this a success.

This is just the beginning of our journey towards sustainability within our Village. We look forward to sharing our progress with you and celebrating our success together!

Have ideas or feedback? We'd love to hear from you! Speak to [STAFF NAME] or email [STAFF CONTACT].